

CRISIS CARE INSTRUCTIONS FOR ADRENAL INSUFFICIENCY IN PORTUGUESE

PORTUGUESE TRANSLATION

In Portuguese

Alerta Médico

***(Insert name of patient)* é uma paciente com a doença de Addison (insuficiência adrenal) e Hipotireoidismo. Se inconsciente, será necessário que lhe seja administrado cortisona por via intravenosa. Quando no hospital, é favor medir os electrólitos, pressão e volume sanguíneo.**

Para mais informações, é favor contactar o médico da paciente nos EUA (*insert name and phone number of doctor in the US*)

In English

Medical Alert

***(Insert name of patient)* is a patient with Addison's Disease (adrenal insufficiency) and Hypothyroidism. If unconscious, she will need intravenous cortisone. At the hospital, please check electrolytes, blood pressure, and volume status.**

For more information, contact her doctor in the USA (*insert name of doctor and telephone #*),

The National Adrenal Diseases Foundation

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