

**WHAT SHOULD WE ASK TO HAVE
ENGRAVED ON OUR MEDIC ALERT EMBLEM?**

(Updated - 12/10/17)

National Adrenal Diseases Foundation (NADF) recommends that all adrenal insufficient patients wear a medic alert emblem of some type at all times. (The MedicAlert® Foundation's federally registered trademark being the most easily recognized by United States emergency personnel.)

It is recommended that patients wear a medic alert necklace. (Although we just heard from an NADF member that emergency technicians told her that they are hesitant to look for a necklace on a female subject.) When a necklace is not desired or possible, a plain, non-decorative bracelet is suggested. (There are reports of emergency personnel confusing decorative MedicAlert® bracelets for watches and/or decorative jewelry.)

The most important thing is that you wear your medic alert emblem at all times and that friends and family who may be with you in an accident or other emergency know to point it out to emergency responders.

We recommend the words

**ADRENAL INSUFFICIENCY
NEEDS STRESS DOSE CORTICOSTEROIDS**

be engraved on back of patient's medic alert emblems.

To obtain membership with MedicAlert® or order emblems, contact:

MedicAlert Foundation
5226 Pirrone Court
Salida, CA 95368

800-432-5378
6am-5pm Mon-Fri
All times Central

Home Page: <http://www.medicalert.org>

Supplied as a service by:

**The National Adrenal
Diseases Foundation, Inc.**
P.O. Box 566
Lake Zurich, IL 60047
(847) 726-9010
www.nadf.us
e-mail: NADFmail@nadf.us

NADF does not engage in the practice of medicine. It is not a medical authority, nor does it claim to have medical knowledge. In all cases, NADF recommends that you consult your own physician regarding any course of treatment or medication.