



## December 2022

Dear NADF Members and Friends,

As 2022 comes to an end, those of us at NADF want to take a moment to express our deepest gratitude for all of your kindness and support throughout this past year.

As we look back, one of the many things that stands out is the generosity shown by so many of you in the NADF community who enable our organization to continue the important work our Staff, Volunteers and Board do to inform, educate, and support adrenal disease patients and their families to improve their quality of life and give them a voice. Your loyalty enables NADF to not only advocate for those with adrenal disease, but to continue to provide our members and the public with invaluable and up-to-date information. Every day our teams add to the wealth of information and resources on NADF.us. Information is available on the full spectrum of adrenal diseases, symptoms, treatments and guidance for life preserving care, as well as support group contacts, archived Q&A's from Dr. Margulies (NADF Medical Director), clinical trial information, and a link to enroll in the very important MyAI patient registry (please enroll if you have not done so already).

NADF is happy to report that the dynamic programs offered by the foundation have been extremely impactful in helping so many affected by adrenal disease. As we look ahead to 2023, we recognize there is a need to build on that to further our programming, our reach and our positive impact. The achievements of our organization must continue to expand to foster even more connections with patients, families, researchers, and medical organizations, but we need your help to get there. As we approach the joyous celebrations, we urge you to come forward and join us in our mission to provide continued support to the adrenal disease community. Each contribution brings a member of the community one step closer to an improved quality of life. Will you consider a generous donation this year to further our important work?

Thank you, in advance for your continued and appreciated support. Enclosed is an envelope that you may use to send your donation with the coupon on the back of this letter, or you can submit it on our website here: <https://www.nadf.us/donate.html>

Best wishes,

A handwritten signature in black ink that reads "Erin A. Foley-Moudry".

Erin A. Foley-Moudry, MPH  
Board Co-President, NADF

A handwritten signature in black ink that reads "Kalina Warren".

Kalina Warren  
Board Co-President, NADF

A handwritten signature in black ink that reads "Lori Engler".

Lori Engler  
Executive Director, NADF

*The National Adrenal Diseases Foundation (NADF) is a nonprofit 501(c)(3) organization, ID #11-2777036  
No goods or services were provided in return for this contribution. This donation is fully tax deductible.*

PO Box 95149, Newton, MA 02495 • 847-726-9010 • NADFmail@nadf.us • www.nadf.us

*Below are more detailed descriptions of NADF's 2022 achievements.*

- **Partnership with American Association of Endocrine Surgeons (AAES)** to help create adrenal disease patient-focused guidelines “The AAES guidelines team greatly benefited from the comments provided by the NADF leadership.”
- **Development and delivery of new educational webinars** and instructional videos.
- **Completion of a survey and analysis into treating adrenal crisis** and how those with adrenal insufficiency and their caregivers handle emergency injections.
- **Continued sponsorship of the MyAI Registry (in partnership with National Jewish Health)**, a large online registry for adult and pediatric patients with a focus on adrenal insufficiency (AI) symptoms, diagnoses, quality of life and treatment outcomes. One goal is to encourage other researchers to use the registry to improve drug treatment options and look for prevention strategies.
- **Continued engagement to help advance therapies for our stakeholders.** NADF provides the ‘patient voice’ to pharmaceutical manufacturers and biotech organizations to help inform the creation of better treatments for adrenal disease.
- **Participation in seven medical industry conferences** where our staff and volunteers engaged with clinical professionals.
- **NADF's launch of an International Adrenal Disease Consortium** has brought together experts and organizational leaders from around the world to create a collaborative network with shared goals; we hope to bring a unified voice to drive improvement in adrenal disease awareness, education, and research.
- **Expansion of our Support Group Network** across the US, and beyond.

-----  
Please accept my tax-deductible donation of: \$ \_\_\_\_\_

To donate using a credit card, please visit the NADF Website at [www.nadf.us](http://www.nadf.us), and choose one of the options under “Ways to Give”.

A donation of \$25 or more entitles you to an annual membership in NADF. Please be sure we have all of your current/correct information by filling in the form below. All information provided is confidential and will not be sold or rented under any circumstances.

NAME \_\_\_\_\_ TELEPHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY: \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ E-MAIL \_\_\_\_\_

THIS DONATION IS IN HONOR / IN MEMORY OF \_\_\_\_\_

PLEASE NOTIFY (NAME, ADDRESS and/or EMAIL): \_\_\_\_\_

ADRENAL DISEASE:  Addison's  Cushings  CAH  Other \_\_\_\_\_

Please send your check to: **National Adrenal Diseases Foundation**  
**P.O. Box 95149, Newton, MA 02495**