

**WHAT SHOULD WE ASK TO HAVE
ENGRAVED ON OUR MEDIC ALERT EMBLEM?**

(updated - 12/13/13)

National Adrenal Diseases Foundation (NADF) recommends that all adrenal insufficient patients wear a medic alert emblem of some type at all times. (The MedicAlert® Foundation's federally registered trademark being the most easily recognized by United States emergency personnel.)

It is recommended that patients wear a medic alert necklace. (Although we just heard from an NADF member that emergency technicians told her that they are hesitant to look for a necklace on a female subject.) When a necklace is not desired or possible, a plain, non-decorative bracelet is suggested. (There are reports of emergency personnel confusing decorative MedicAlert® bracelets for watches and/or decorative jewelry.)

The most important thing is that you wear your medic alert emblem at all times and that friends and family who may be with you in an accident or other emergency know to point it out to emergency responders.

We recommend the words

**ADRENAL INSUFFICIENCY
NEEDS STRESS DOSE CORTICOSTEROIDS**

be engraved on back of patient's medic alert emblems.

To obtain membership with MedicAlert® or order emblems, contact:

MedicAlert® Foundation

2323 Colorado Avenue

Turlock CA 95382

209-668-3333

800-432-5378

e-mail: Inquiries@medicalert.org

Home Page: <http://www.medicalert.org>

Supplied as a service by:

**The National Adrenal
Diseases Foundation, Inc.**

505 Northern Boulevard
Great Neck, New York 11021

(516) 487-4992

www.nadf.us

e-mail: NADFmail@aol.com

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