

# CRISIS CARE INSTRUCTIONS FOR ADRENAL INSUFFICIENCY IN PORTUGUESE

PORTUGUESE TRANSLATION

## In Portuguese

## Alerta Médico

***(Insert name of patient)*** é uma paciente com a doença de Addison (insuficiência adrenal) e Hipotireoidismo. Se inconsciente, será necessário que lhe seja administrado cortisona por via intravenosa. Quando no hospital, é favor medir os electrólitos, pressão e volume sanguíneo.

Para mais informações, é favor contactar o médico da paciente nos EUA (*insert name and phone number of doctor in the US*)

## In English

## Medical Alert

***(Insert name of patient)*** is a patient with Addison's Disease (adrenal insufficiency) and Hypothyroidism. If unconscious, she will need intravenous cortisone. At the hospital, please check electrolytes, blood pressure, and volume status.

For more information, contact her doctor in the USA (*insert name of doctor and telephone #*),

The National Adrenal Diseases Foundation

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